

What was I before I was bread?  
I was wheat.

## **How do I grow?**

In Kansas we grow wheat.

The seeds are planted in the fall.

When it gets warm the wheat grows tall.

After the wheat turns yellow it is picked.





## **What part do you eat?**

The seed is made into flour.  
We use flour to make food.

## **What foods do I make?**

Flour makes bread and cookies.  
People everywhere eat Kansas wheat.

